

A Resilient Kid

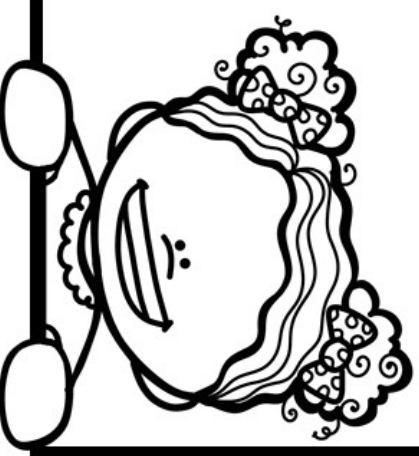
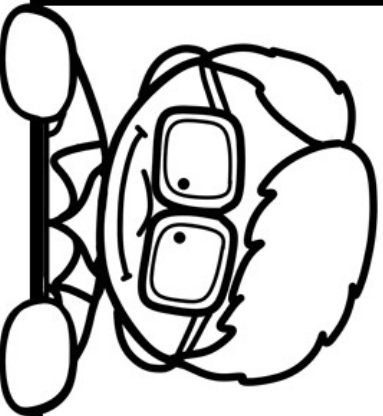
A resilient kid

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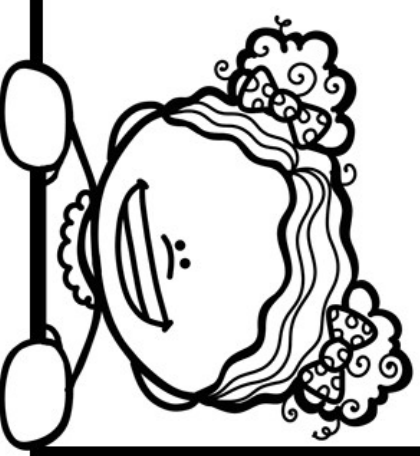
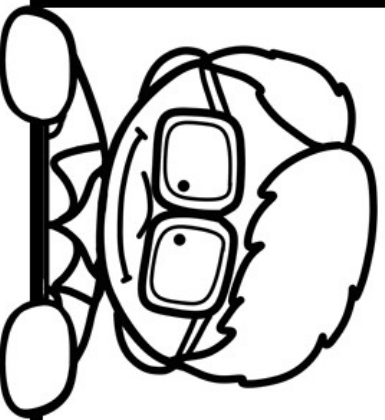
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5 THINGS I Can Control

1. _____

2. _____

3. _____

4. _____

5. _____



5 THINGS I Can Control

1.

2.

3.

4.

5.



responsibility scavenger hunt

Be helpful around the house. Complete as many as tasks you can! Write your name in each space after.

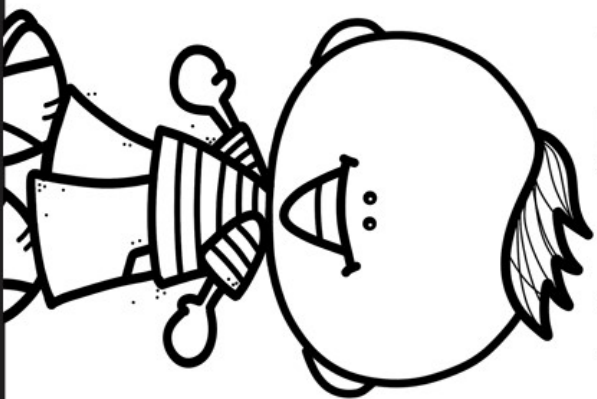
<u>Make Breakfast</u>	<u>Play Nicely</u>	<u>Make Your Bed</u>	<u>Do Chores</u>	<u>Finish School Work</u>
<u>Make a Snack</u>	<u>Brush Your Teeth</u>	<u>Read Books</u>	<u>Help Your Family</u>	<u>Do an Extra Chore</u>
<u>Sweep the Floor</u>	<u>Be Your Best Self</u>	<u>Help Make Dinner</u>	<u>Tidy Your Room</u>	<u>Go to Bed Early</u>

's Vision Board

Instructions:

Draw and write 4 ways that you can be your best self (one in each space). Color and cut out the crown shape. Glue onto a strip of paper and staple it to fit your head. Wear your crown with pride!

BETTING MY BEST SELF!

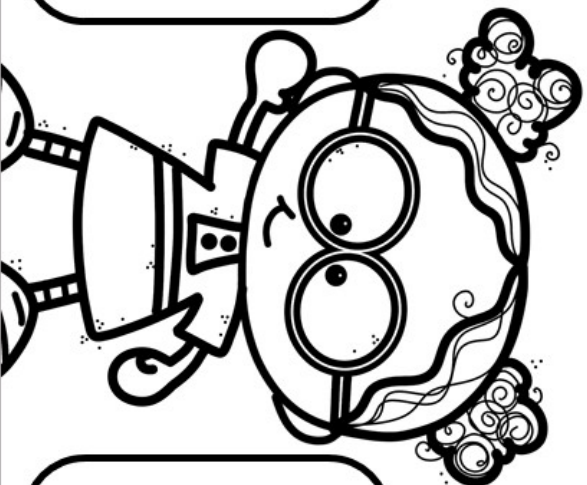


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Instructions:

Draw and write 4 ways that you can be your best self (one in each space). Color and cut out the crown shape. Glue onto a strip of paper and staple it to fit your head. Wear your crown with pride!

BETTING MY BEST SELF!



FEELING Good

To feel good, I

FEELING Good

To feel good, I

FEELING Good

To feel good, I

My Home Learning **GOAL**

My learning goal is _____

Things I Will Do To Reach My Goal

1. _____

2. _____

3. _____

Me achieving my goal.

My Home Learning **GOAL**

My goal is

Things I Will Do To Reach My Goal

1.

2.

3.

Me Achieving My Goal

4 Things I Like **About Me!**

I like

I like

I like

I like

I AM
CAPABLE OF
LEARNING
ANYWHERE

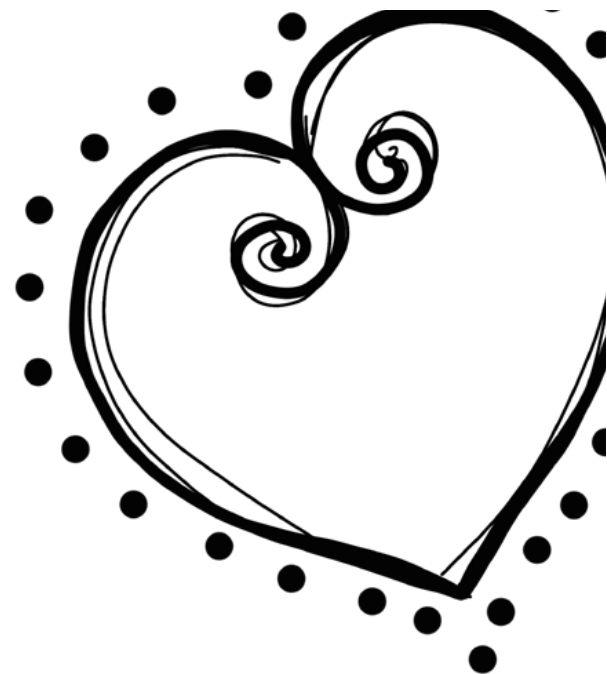


I AM
CAPABLE OF
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ANYWHERE



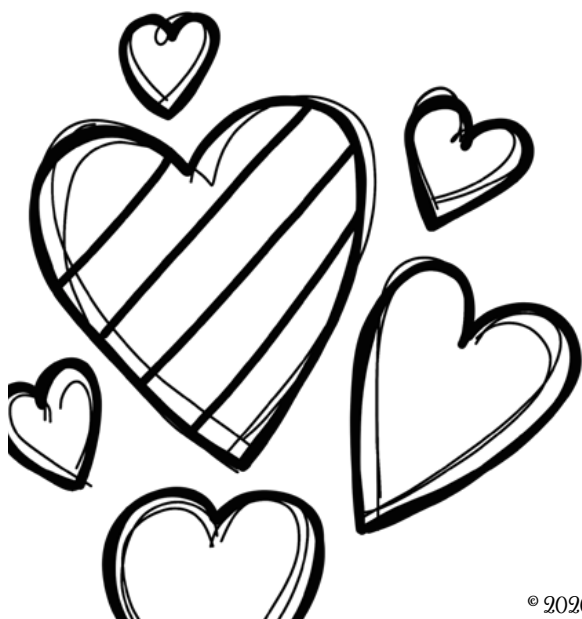


I am not alone.



I am safe.

I am loved.



I will be fine.

